

# Everybody MOVE:

## Improving outcomes in musculoskeletal health

### **Movement will benefit everybody!**

- 6.8 million people live with muscle, bone & joint conditions in Australia
- Applying what works best will reduce costs and make daily life easier
- We need to move together and act now

<i>System wide</i>	<b>1.</b> Fund only what works
	<b>2.</b> Increase awareness and capability
	<b>3.</b> Update approach to delivery of care
<i>Chronic back pain</i>	<b>4.</b> Reduce unnecessary radiology imaging
	<b>5.</b> Increase use of interdisciplinary teams
<i>Osteoarthritis</i>	<b>6.</b> Movement as first line therapy
	<b>7.</b> Standardise interdisciplinary triage
	<b>8.</b> Remove unnecessary interventions (e.g. arthroscopy, opiates)
<i>Osteoporosis and osteopenia</i>	<b>9.</b> Increase screening of post-menopausal women
	<b>10.</b> Increase fracture liaison services
<i>Rheumatoid arthritis</i>	<b>11.</b> Enhance access to subsidised biologics
	<b>12.</b> Faster referral to specialist services
<i>Juvenile arthritis</i>	<b>13.</b> Improve transition to adult services
	<b>14.</b> Longitudinal research into outcomes

